



## Napowan Week One Menu 2019



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Biscuits Sausage Gravy Scrambled Eggs  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Cheesy Scrambled Eggs Tortilla Shells Bacon Salsa Coffeecake Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	French Toast Sausage Patty  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Breakfast Bowl Scrambled Eggs Diced Potatoes Smoked Sausage Shredded Cheddar Donut Holes Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Pancakes Sausage Links  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Cinnamon Rolls Bagels  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice
Staff Meal	Grilled Cheese Tomato Soup Goldfish Chocolate Chip Cookie  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Macaroni Salad	Meatball Sub Sandwich Chex-Mix Brownie  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Italian Pasta Salad	Chicken Patty on Bun Potato Wedges M&M Cookie Sandwich Fixings  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Hawaiian Fruit Salad	Corndog Macaroni & Cheese Juice Bar  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Edamame Salad	Pizza Casserole Pretzel Rods Sugar Cookie  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Orange Quinoa Salad	
Chicken Parmesan Penne/ Marinara Green Beans Garlic Bread Jello Cake  Fruit & Salad Bar Punch, Milk, Water	Brat on Bun Baked Beans Potato Salad Watermelon Ice Cream Sandwich Fixings  Fruit & Salad Bar Punch, Milk, Water	Chicken Alfredo Peas Garlic Bread S'mores Bar  Fruit & Salad Bar Punch, Milk, Water	Taco Meat Tortilla Spanish Rice Refried Beans Tortilla Chips & Salsa Peach Cobbler  Fruit & Salad Bar Punch, Milk, Water	Ham Roasted Redskin Potatoes Broccoli Cornbread Cherry Orchard Bar Fruit & Salad Bar Punch, Milk, Water  <b>Adult Leader Dinner</b>	BBQ Chicken Au gratin Potatoes California Blend Veggies Roll Oreo Dream  Fruit & Salad Bar Punch, Milk, Water	



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	Biscuit Scrambled Eggs Sausage Patty Shredded Hashbrowns  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Pancakes Bacon  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Waffle Sandwich Fried Egg Cheese Slice Hashbrown Patty  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	French Toast Sausage Links  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Breakfast Burrito Filling Tortilla Salsa Coffeecake  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice	Cinnamon Rolls Bagels  Oatmeal & Yogurt Bar Fresh Fruit Cereal Coffee, Milk, Juice
Staff Meal	Pulled Pork on Bun Baked Beans Chocolate Chip Cookie  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Cowboy Salsa	Hot Dog on Bun Macaroni & Cheese Brownie  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Cowboy Salsa	Baked Potato Bar Broccoli Juice Bar  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Italian Pasta Salad	Chicken Tenders Potato Wedges Orange Creamsicle Jello  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Potato Salad	Sloppy Joe on Bun Fritos Rice Krispy Treat  Fruit & Salad Bar Punch, Milk, Water  Salad Bar Featuring: Macaroni Salad	
Country Fried Steak Mashed Potatoes Country Gravy Green Beans Southern Sweet Roll White Cake with Icing  Fruit & Salad Bar Punch, Milk, Water	Taco Meat Tortilla Spanish Rice Refried Beans Tortilla Chips & Salsa Apple Crisp Fixings  Fruit & Salad Bar Punch, Milk, Water	Chicken Noodle Casserole California Blend Veggies Honey Cornbread Ice Cream Sandwich  Fruit & Salad Bar Punch, Milk, Water	Hawaiian BBQ Meatballs Au gratin Potatoes Corn Dinner Roll Banana Pudding  Fruit & Salad Bar Punch, Milk, Water	Sausage Penne Pasta Peas Garlic Bread Orchard Cherry Bar  Fruit & Salad Bar Punch, Milk, Water  <b>Adult Leader Dinner</b>	Italian Chicken Rice Pilaf Carrots Sweet Yeasty Roll S'mores Bar  Fruit & Salad Bar Punch, Milk, Water	